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[Module 6](#)

§2023 [AF Simple Syllabus](#)



Tim Roufs Inspecting Durians in Singapore Market, 2017

Anthropology of Food Week 6

Super Bowl Sunday

What's
Happening?



Live Chat
Tuesday 7:00-8:00 p.m.

Questions /
Comments

Video
Explorations

Slides
Holism


Readings

*Discussion

*Project

*Other
Assignments

*Midterm Exam

(click links for details)
 = leave page

(optional)
For Fun Trivia

(optional)
Extra Credit

(optional)
Other

Items DUE this week:
***enter on-line**
****upload file**

It's Super Bowl Sunday!



**How Many Buffalo Wings Can you Eat in 12 Minutes?
How many Hotdogs in 10 Minutes?**

**[Chiefs fans to take on Eagles fans
to see who can eat the most \[Buffalo Bills'\] wings on Super Bowl Sunday](#)**
-- [LancasterOnline](#) (01 February 2023)

s2023 **[Competitive Eating is a Major League Sport . . .](#)**

[check it out [↑ here](#)]

What's Happening Week 6?

One big event of the week (besides the Super Bowl) is the

Midterm Exam

which will be available from Monday a.m. to Saturday,
13-18 February 2023
(10:00 p.m. starting time on Saturday)

After the exam we'll have a comparative look at Food and Religion . . . by looking at Pigs . . . in Malaysia. . . and Food as medicine in China, and how food amongst traditional Chinese Buddhists unites families. It's part of a comparison with the Chinese in Malaysia, as seen in *Pig Commandments*, where food divides Chinese families. See details on the comparison with this week's "Video Explorations".

(REM: **comparative methods** are a fundamental feature of Anthropology).

Food and Religion

We'll close the week off with a discussion on the Slow Food Movement worldwide.

After all of that, it's back to your Class Project.

(optional) **LIVE CHAT: MIDTERM EXAM / OPEN FORUM / OFFICE HOURS . . .**

[Contact Information](#)

Tuesday, @ 7:00-8:00 p.m. (CDT)

"ZOOM"

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

VIDEO EXPLORATIONS WEEK 6 . . .

Real People . . . Real Places . . .

Videos for the Semester 

After the Exam first take the **Selective Attention Tests**

(2 X <2 min.)

And hopefully, also as noted last week, in the remainder of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first five weeks of the course. We will be visiting many parts of the globe in the process—so you will have lots of opportunities to practice your skills.

Speaking of skills . . . this week, after you are finished with your Midterm Exam, take the two short minute-and-a-half **tests of your observational skills** before you continue your intensive look at the wide variety of Anthropology of Food video materials. You should take those short tests this week, but wait until after you have finished the Midterm Exam (you will have enough to do before the Exam).

After the Exam



**Take the Two (Very Short)
Selective Attention Tests in Preparation for Watching Remaining
Videos.**

(Be sure to take both tests. Read the instructions carefully.)

First, take the . . .

Selective Attention Test

<http://www.youtube.com/watch?v=vJG698U2Mvo> 

Read and follow the directions carefully.

(Be sure to also count the *bounce* passes.)



When you are finished with the Selective Attention Test, watch .

••

The Monkey Business Illusion

http://www.youtube.com/watch?v=IGQmdoK_ZfY

(It too is short: 1:42)

Again, read and follow the directions carefully.

(And as with The Selective Attention Test, be sure to also count the *bounce* passes.)



**After the Midterm Exam,
and after these short Selective Attention Tests
“Food and Culture”
will be our focus.**

And, hopefully, in the last part of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first four weeks of the course.

We’ll spend much of the rest of the semester examining

how people get their food in industrial cultures,

and in exploring the social, corporeal, sacred/religious, psychological, political, economic, and cultural aspects of food—that’s the **holistic** anthropology approach (you remember that from “Main Characteristics of Anthropology”, Weeks 1 and 2).

**When you're finished with your exam and attention tests we'll
do a**

Controlled Comparison

focusing on Food and Religion,
and more specifically, a comparison involving
—**Chinese : Buddhism : Food**
in China and Malaysia

We'll start by watching . . .

The Pig Commandments

(72 min, 2005)

followed by the short film, a part of a series,

"Food for Body and Spirit"

(29 min, 1984)

* * * * *

The Pig Commandments

(72 min, 2005)

 [Online Access](#)

[click  here]

(use with [VPN](#) if you are off campus)

[course viewing guide](#)

[transcript](#)

NOTE: This video should be compared with *Food for Body and Spirit* below.

In the film *The Pig Commandments*, we'll see **how food tears apart** a major segment of Chinese culture in Malaysia. This is an older film, but it is more than ever relevant to today.

"To Chinese, pig symbolizes prosperity and health. Pork is the principle ingredient of the main course of Chinese feasts and it is the best choice of offerings. In contrast, pig is unclean to Muslims. It surely would not be found on their dining table. Conflict is inevitable when these two values meet. The scene is set in Malaysia, home to 12 million Muslims and 6 million Chinese. A group of Chinese who make their living in the pig business confronts Muslims who are forbidden to eat pork; Chinese Muslims are often caught in the crossfire. What is the solution to this deep-rooted ethnic dilemma?"

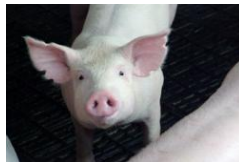
"This fascinating film illustrates how religious differences, even on the basic level of dietary prohibitions, can affect the way neighbors interact. It focuses on Malaysia, home to 12 million Muslims and 6 million Chinese. Islam bans the eating of pork, considering it unclean, while the Chinese have treasured pork for thousands of years. The ancient Chinese character for 'home' was a pig. For the Chinese the pig is a symbol of prosperity and all celebrations involve a pig roast."

"*Pig Commandments* outlines the ways in which the Muslim prohibition to eat pork affects the relationship between the Chinese and Muslims in this part of the world. There is legislation to keep pig farms away from the Muslim population. Many Chinese in Malaysia have converted to Islam. For them, the Koran has been translated into Chinese; and four chapters of the Koran deal with the prohibition to eating pork. One Chinese convert describes the problem with eating with her family. Only once a year when the Chinese celebrate the New Year with a vegetarian meal, can she join her family at dinner."

"*The Pig Commandments* shows how dietary laws can divide people or bring them closer together. It demonstrates dramatically the social effects of food regulations and the sensitivity of people who are offended by another culture's eating habits. Scholars, religious leaders, and people of both religions express their feelings about this contentious issue. In addition we see how generations of pig farmers are proud of their succulent product."



Shaikh Hussain Ye
Malaysia



* * * * *

Taste of China, Part 2,

▶ **"Food for Body and Spirit"**

(29 min, 1984)

▶ [Online Access](#)

[click ↑ here]

(use with [VPN](#) if you need to)

[course viewing guide](#)

"Food for Body and Spirit"—the second film of a classic four-part series, *A Taste of China*— shows **how in traditional Chinese culture religion and food has *united* Buddhists families for over a thousand years.** In **"Food for Body and Spirit"** we'll have a look at a Chinese Taoist temple retreat, high on Blue City Mountain in Szechuan Province, China, and we'll have a look at Buddhist Slow Food and Locavorism . . . and we'll see **how food holds Chinese culture *together, and has for millennia.*** . . . This film, like *Pig Commandments*, is an older film, but

what it has to say is still relevant today—as it has been for thousands of years.



WEEK 6 SLIDES . . .

[Class Slides for the Semester](#)

Review and continue these slides using the "slide show" mode:

“Holism”

[\(.pptx\)](#)

[click  here]

Main Characteristics of Anthropology		
<small>WebPage Summary</small>		
week 2:	1 The four fields of anthropology	(.pptx)
week 3:	2 culture as a primary concept	(.pptx)
	• How about a little game of Jeopardy?	(.pptx)
week 3:	3 comparative method as major approach	(.pptx)
week 6:	4 holism as a primary theoretical goal	(.pptx)
	• Anthropology and its Parts Chart	(.pptx)
	◦ Enlarged Chart "Anthropology and . . . It's Parts"	
week 6:	5 fieldwork as a primary research technique	(.pptx)

“Fieldwork”

[\(.pptx\)](#)

[click  here]

Main Characteristics of Anthropology		
<small>WebPage Summary</small>		
week 2:	1 The four fields of anthropology	<small>(.pptx)</small>
week 3:	2 culture as a primary concept	<small>(.pptx)</small>
	• How about a little game of Jeopardy?	<small>(.pptx)</small>
week 3:	3 comparative method as major approach	<small>(.pptx)</small>
week 6:	4 holism as a primary theoretical goal	<small>(.pptx)</small>
	• Anthropology and its Parts Chart	<small>(.pptx)</small>
	◦ Enlarges Chart "Anthropology and ... It's Parts"	
week 6:	5 fieldwork as a primary research technique	<small>(.pptx)</small>

Before you take your Midterm Exam Review . . .

Introduction / Orientation

(.pptx) [↗](#)

Main Characteristics of Anthropology: The **FOUR FIELDS OF ANTHROPOLOGY**

(.pptx) [↗](#)

Main Characteristics of Anthropology: **CULTURE** as a Primary Concept

(.pptx) [↗](#)

Main Characteristics of Anthropology: **COMPARATIVE METHOD** as Major Approach

(.pptx) [↗](#)

Main Characteristics of Anthropology: **HOLISM** as a Primary Theoretical Goal

(.pptx) [↗](#)

Main Characteristics of Anthropology: **FIELDWORK** as a Primary Research Technique

(.pptx) [↗](#)

BIOCULTURAL FRAMEWORK for the Study of Diet and Nutrition: Introduction

(.pptx) [↗](#)

- **Nutritional Status**
(.pptx) [↗](#)

- **Human Nutrient Needs**

(.pptx)[↗](#)

Diet and Human Evolution: Introduction

(.pptx)[↗](#)

[do not spend too much time on this slide set]

Food Revolutions: A Little Background

(WebPage)[↗](#)

The Neolithic "Agricultural" Revolution

(.pptx)[↗](#)

The Search for Spices

(.pptx)[↗](#)

The Industrial Revolution

(.pptx)[↗](#)

The Scientific Revolution

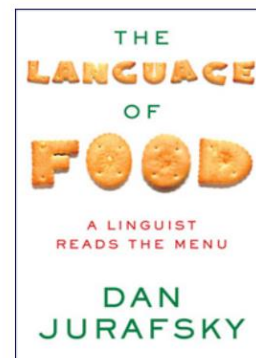
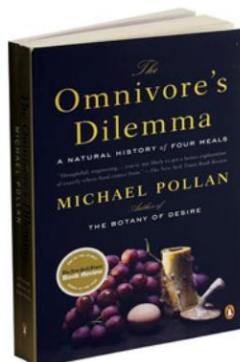
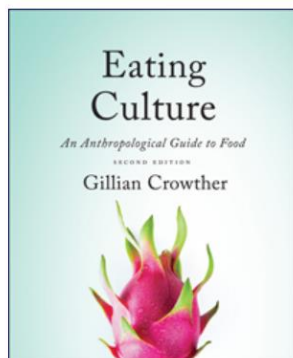
(.pptx)[↗](#)

[click [↑](#) the above]

READINGS FOR WEEK 6 . . .

[Readings for the Semester](#)[↗](#)

[Textbook Information](#)[↗](#)



Review for Midterm Exam

For after the Midterm Exam

- **Eating Culture, Second Edition, Gillian Crowther**

- CHAPTER FIVE: RECIPES AND DISHES

- **Omnivore's Dilemma, Michael Pollan**

- "Introduction: our national eating disorder"
- Ch. 1 "The plant: corn's conquest"
- Ch. 2 "The farm"
- Ch. 3 "The elevator"
- Ch. 4 "The feedlot: making meat"

(We're starting this book here, with Michael Pollan's discussion of "The forager" and "The ethics of eating animals" as next Week we begin having a closer look at hunting / gathering / foraging as a way people get their food in nonindustrialized societies)

- **The Language of Food, Dan Jurafsky**

- (Review)

OTHER ASSIGNMENT INFORMATION . . .

Main Due Dates[🔗](#)

s2023 **Module 6 – Week 6**[🔗](#)

DUE: MIDTERM EXAM . . .

will be available from Monday a.m. to Saturday,
13-18 February 2023
(10:00 p.m. starting time on Saturday)

A good activity to start your review would be looking over Ch. 1, “Setting the Anthropological Table”, the slide sets (see above), and the “What’s Happening?” weekly memos. And, of course, focus on the **Study Questions**.

Use the annotated questions from the assignment of the end of Week 4 as your study questions.

Study Questions are at . . .

s2023 @ <tba>[🔗](#)

[click  here]

As I mentioned before, be sure to **focus on the *ideas* and main concepts, and differing points of view**, and do not be preoccupied with only trying to memorize facts and assorted pieces of information.

General Midterm Exam Information is at . . .

https://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html#title[🔗](#)

Live Chat is Tuesday at 7:00 pm

The final *pool* of questions generally contains 12-16 questions, all taken from the annotated wiki list of Discussion questions (link above), including at least one current affairs question.

[The final pool of questions will not include more than one question on the same (or essentially similar question), which is one of the reasons why it usually ends up with 12-16 questions; other questions that were submitted would be better for the final exam, and those questions are noted).]

2022 Fall (08/10/2022-01...)

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WEEK 6 SLIDES ...

AF Wk 6 Other Important Terms (.pptx)
Oct 8 | 0 pts

(optional) AF List of SLIDE DECKS for the Entire Semester

READINGS FOR WEEK 6 ...

AF Wk 6 Readings (after the exam)

(optional) AF List of READINGS for the Entire Semester

OTHER ASSIGNMENT INFORMATION ...

The [List of Readings for the Entire Semester](#) could be a handy reference when reviewing the readings for the exam:

PROJECT INFORMATION ...

[Basic Information](#)

[Main Due Dates](#)

DUE: DISCUSSION WEEK 6 ...

(optional) [Online Discussions Information, Rubric, and Sample Posts](#)

Slow Food Convivia / Locavorism



Slow Food restaurant placard, [Santorini, Greece](#).

(optional) **FOR FUN FOOD TRIVIA . . .**

[Food Trivia HomePage](#)

(optional) **“What religious food prohibitions do Buddhists have?”**



Buddhist monks and nuns praying in the Buddha Tooth Relic Temple of Singapore
[Wikimedia](#)



“Food for Body and Spirit”

[Answer](#)

(optional) **EXTRA CREDIT . . .**


[Basic Extra Credit Information](#)

Extra Credit is available in this class.
We'll have a closer look at Extra Credit after the Midterm Exam.

OTHER (OPTIONAL) . . .

(optional) **Study Abroad? Explore the World? Do it. . . .**

QUESTIONS? / COMMENTS . . .

If you have any **questions or comments** right now, please do not hesitate to post them on the  **canvas** “Discussions”, or e-mail troufs@d.umn.edu, or **ZOOM** <https://umn.zoom.us/my/troufs>. (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>>

<<https://umn.zoom.us/my/troufs>>

<[other contact information](#)>